



9.7.23

7:30 - 11:30 a.m.

PDH/LU FORM

MENTAL WELLBEING & SUICIDE PREVENTION IN THE CONSTRUCTION INDUSTRY

PROGRAM SUMMARY

With rising alarm, mental health and suicide have become a crisis in the construction industry. Join us for an interactive session with speakers representing owners, contractors, and trade organizations.

The program's topics will include both contractor's and owner's perspectives on the importance of mental health initiatives in the trades; mitigating barriers and stigma which prevent workers from asking for help, and best practices implemented locally and nationally to address this crisis.

Name: _____
This program has been designed to permit you to qualify for:

> 2.5 Professional Development Hours (PDH) for Professional Engineers under Missouri statutes

> 2.5 Learning Units (LU) through the American Institute of Architects

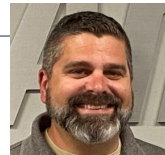
Forms available after meeting under Resources at slccc.net

SPEAKERS

BRANDON SHORTT

SAFETY BLUE HAT REPRESENTATIVE
Ameren/IBEW 1439

An owner's perspective on mental health initiatives implemented at Ameren.



CHUCK TWELLMANN, MS, PE, PMP

MANAGER CONSTRUCTION & QUALITY
Ameren

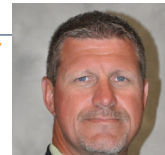
Asking for help: The barriers and stigma that prevent trade workers from asking for/accepting help.



RICKY REAMS

VICE PRESIDENT OF SAFETY & QUALITY
Murphy Company

A contractor's perspective on mental health and his company's mental health journey over the last 5 years.



BRANDON ANDERSON

VICE PRESIDENT OF SAFETY

AGC of Missouri
The Mental Health and Suicide Prevention Crisis: What's being done at local and national levels?



LOCATION

The Des Peres Lodge
1050 Des Peres Rd.,
Des Peres, MO 63131

AGENDA: 7:30 AM - 11:30 AM

/7:30 - 8:15 a.m./ Check-In, Continental Breakfast, and Networking

/8:15 - 8:30 a.m./ Opening Message

/8:30 - 11:00 a.m./ Program and Q&A

/11:00 - 11:30 a.m./ Lunch and Closing Message